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President's Corner

Don't Clown Around with Disaster Preparedness

One thing that has taken off is our Lecture on "Don't Clown Around with Disaster Preparedness"



We have done this at Schools, Seniors, Civic Groups, and Scouts . It's educating and entertaining at the same time.

- Have one person, who is going to be the straight man stand in front.
- Other performer stands behind.
- As straight man is talking about the item that should be in the Disaster Kit, you pull out the prop; they turn to see what you have pulled out of your bag and react.

In today's climate, it's more important than ever that all of us be prepared for possible emergencies. Natural or other disasters can strike suddenly, at any time and anywhere, but there are actions everyone can take that can help make a difference.

Build a Kit, Make a Plan. You can contact your local Red Cross to get the material for free.

1. Water, at least one gallon per person, per

Scrubby Bear - Who is He?

Personal Hygiene Performance at Day Care Centers

Flu season is going to be very bad this fall. State governments are preparing for The H1N1. Here is a great volunteer opportunity for RNR members. Your local Red Cross offers to Day Care Centers, their Scrubby Bear-Personal Hygiene Performance. The purpose of Scrubby Bear-Personal Hygiene is to teach children ages 4 to 7 years old how germs are spread, how to prevent the spread of disease and to properly wash their hands. Lesson Length Approximately 20 minutes. It is full of Storytelling and Sing-a-long. Educating and entertaining. Contact your local Chapter and Sign up to be a volunteer teacher for Scrubby Bear! It takes very little training. Prefect for someone with the heart of a clown. I have been told that some local Red Cross Chapter might not even know about the program. I will email you the PDF Teachers guide, which you can carry with you when you visit your Chapter. Email me at BobG@SOMDRedCross.org

Red Cross

(It's not just bloodmobiles and disasters)

As a Red Nose Responder I wanted to work with the Red Cross in my area. After speaking with a few people I decided the best thing to do was sign up as a volunteer to "get my foot in the door". I didn't expect what I found. I found out that there are many opportunities to help out and you don't have to leave your comfort zone. You don't have to work at a bloodmobile or a flood (unless you want to). There are of course the National Disaster Volunteers and the Blood Drive Volunteers. But, there are also ways to volunteer in your community. Here in CT we have a need for: Public Affairs/Marketing, Special Events, Community Education Course Instructors, Youth Projects and Internships, Parades, Boy Scout Jamboree, Touch-A-Truck and at various fairs and public events to hand out information at tables.. We even serve hot chocolate and coffee at funerals of

- day Prop= Lota Vase, or Bucket This is a running Gag After a couple of ideas, have the person ask if you have enough water, and do the gag again.
2. Food Non-perishable, high protein = energy bars, ready to eat soup, peanut butter, foods that require no refrigeration, preparation or cooking. Props= Pull out a can of Coke, rubber fish or chicken. Jelly Beans, Ear of Corn
 3. Something to see with: Flashlight without the batteries, batteries should be stored outside of the flashlight Prop= Candle
 4. First Aid supplies Prop= Big Band-Aid
 5. Tools Prop= Big Foam props
 6. Clothing Props = Pull out some of your clown clothes, Baby clothes, Dress.
 7. Money ATM machines will not be working. Credit Cards won't help. Need to have cash. Props = Big Money
 8. Pet, Don't forget your pets. Toys, food. Props = Have fun with this. Pull out your pet (raccoon, rubber fish, chicken) Pull out a box of Dog Tricks, full of something you can eat!
 9. Medication Props= Big Pill
 10. Cell Phones and most phones in your home will not work Need an old fashion phone that the receiver is connected to the base. Prop = Foam Phone

These are just a few of the items and ideas; we have found that the people remember better because of the sight gags. Enjoy, have Fun with it. Bob "Bunky" Gretton

Wear RNR where you go out

Help spread the message



You too can be seen wearing one or more of these articles of clothing with the RNR logo on them.

All you need to do is go to our store at Cafe Press, find you favorite, place an order and it will come to

your home in the mail.

RNR store

New Red Nose Responders Needed

Do you know another clown who might be interested in being a Red Nose Response clown? Even if they are in another state, have them send their full contact information to us at info@rednoseresponse.org and we will connect them with their state representative.



You are welcome to put this information into your local clown newsletter!

Some states still do not have a "coordinator". If you'd like to be a coordinator for a state that doesn't

Firemen and Police Officers. So, when you think Red Cross - think a little differently - I know I do now. And, I am enjoying my time volunteering. Sometimes there are even opportunities to bring some stickers or tricks to interact with the kids at some of the events for the public. I am also enjoying taking classes and learning how the Red Cross works.

Marion Lovig

Prefect opportunity for someone with the heart of a clown

Flu season is going to be very bad this fall. State governments are preparing for The H1N1. Here is a great volunteer opportunity for RNR members. Your local Red Cross offers to Day Care Centers, their Scrubby Bear-Personal Hygiene Performance. The purpose of Scrubby Bear-Personal Hygiene is to teach children ages 4 to 7 years old how germs are spread, how to prevent the spread of disease and to properly wash their hands. Lesson Length Approximately 20 minutes. It is full of Storytelling and Sing-a-long. Educating and entertaining. Contact your local Chapter and Sign up to be a volunteer teacher for Scrubby Bear! It takes very little training. Prefect for someone with the heart of a clown.

Need more details? Email me at

BobG@SOMDRedCross.org

Have You Done Something Good for Others?

Tell us about it!

We know there have to be wonderful stories out there about the super things clowns have done for people in need. Please share your story with us so we can share with others.

Your efforts help to promote others to respond to disasters as well. **Don't be shy.** Send us a story and if you have a picture, send that as well. Send your information to our editor, Arla Albers at gogoclaw@cox.net.

Thanks to the many people who **"pay it forward"** daily. I know you are out there!

And even if you have NOT been able to do something for others, maybe you have a really great idea that someone could pick up on and do for someone in need. Send that idea to us as well. Have you done a fund raiser? Did you deliver something to someone? How have you helped in the community to better it?

Have a GREAT day!

Arla Albers, RNR Editor

have one please contact Vice President Barbara Bird,
barbara@rednoserresponse.org

Have a great summer! And don't forget to tell us all the super things you are doing as a Red Nose Responder for those in need. Email Arla Albers, our editor, with your articles and pictures at gogoclown@cox.net.

Bob

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